


**Operating & troubleshooting a T-piece device:
Neopuff™ Infant Resuscitator**

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Aims & objectives

- This presentation has been designed to assist you to:
 - Assemble the Neopuff™ T-piece device
 - Set the recommended flow rate & pressures
 - Operate the Neopuff™ T-piece device
 - Troubleshoot the Neopuff™ T-piece device
- We suggest that you print a copy of this presentation and have the Neopuff™ at hand to practice each action.

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Manual ventilation devices

The Australian & New Zealand Committee on Resuscitation (ANZCOR) guidelines state:

“A T-piece device, a self-inflating bag and a flow inflating bag are all acceptable devices to ventilate newborn infants either via a face mask or endotracheal tube”.

(ANZCOR, 2021, Guideline 13.4, pp 7-8)

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T-piece device (e.g. Neopuff™ Infant Resuscitator)

Advantages of using a T-piece device

- The operator sets the peak inspiratory pressure (PIP) and positive end expiratory pressure (PEEP).
- The T-piece device will not deliver PIP or PEEP/CPAP above the set pressures if the flow remains constant.
- The PIP & PEEP are displayed on the manometer.
- The operator can control the length of the inspiratory time by varying the duration of occlusion of the PEEP cap.

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Positive end expiratory pressure

<p><u>T-piece device</u> Can provide CPAP & PEEP</p>	<p><u>Self inflating bag</u> Does not deliver CPAP or PEEP*</p>
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* Unless a PEEP valve has been fitted

Why is PEEP so important?

- It assists with lung expansion
- It helps to establish functional residual capacity
- It leads to improved oxygenation

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Setting up the Neopuff™

To check & set the Neopuff™ you will need:

- A Neopuff™ Infant Resuscitator
- A compressed gas source
- A gas supply line (green oxygen tubing) with the plastic connector (supplied)
- The patient supply line (tubing & T-piece)
- A test lung

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The components of the Neopuff™

The diagram illustrates the components of the Neopuff device. On the left, there is a 'Gas supply' section with a small schematic and a 'Gas supply line' (a blue tube). In the center is the 'NEOUFF' device itself, which has a pressure gauge, a 'MAXIMUM PRESSURE RELIEF VALVE', a 'PEEP ADJUSTMENT VALVE', and a 'GAS INLET'. To the right of the device is a 'Patient supply line with T-piece & mask' (a grey tube with a T-piece and a mask) and a 'Test lung' (a small black lung model).

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Initial recommended settings

- Gas flow rate
 - Set at 10 L/min (8L /min if using cylinders)
- Maximum pressure relief valve
 - Set at 50 cm H₂O
- Peak inspiratory pressure (PIP)
 - Set at 30 cm H₂O (term newborn)
 - Set at 20 - 25 cm H₂O (preterm < 32 weeks')
- Positive end expiratory pressure (PEEP)
 - Set at 5 - 8 cm H₂O

(ANZCOR 2021, Guideline 13.4, p.2)

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Setting up the Neopuff: 6 steps

- Step 1 • Connect the gas supply line to the gas inlet & the patient supply line to the gas outlet
- Step 2 • Attach a test lung to the patient supply line and turn the gas flow to 8 - 10 L/min
- Step 3 • Check the maximum pressure relief valve is set to 50 cm H₂O (adjust as necessary)

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Setting up the Neopuff: 6 steps

Step 4 • Set the peak inspiratory pressure (PIP) to 30 cm H₂O (term) or 20 – 25 cm H₂O (preterm)

Step 5 • Set the positive end expiratory pressure (PEEP) to 5 – 8 cm H₂O

Step 6 • Create a good seal between the infant's face & the face mask using the "two-point top hold"

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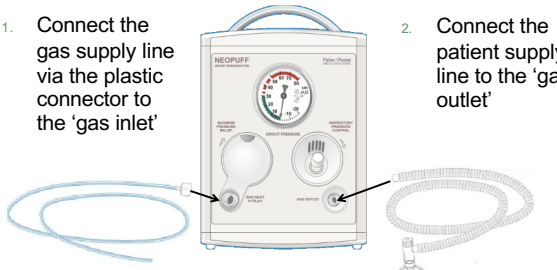
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1. Connect the gas & patient supply lines

1. Connect the gas supply line via the plastic connector to the 'gas inlet'

2. Connect the patient supply line to the 'gas outlet'




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2. Attach the test lung

- Attach the test lung to the end of the patient supply line (patient T-piece)
- It is much easier to use the test lung (as opposed to a face mask or the ball of your hand) to set and test the Neopuff™
- Turn the gas flow to 8 - 10 L/min

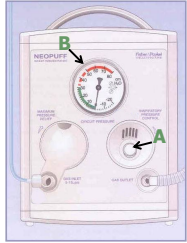


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3. Check the maximum pressure has been pre-set to 50 cm H₂O

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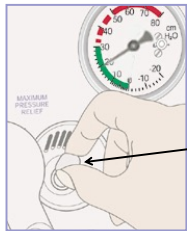
1. Turn the inspiratory pressure control dial fully clockwise until it cannot turn any further. (A)
2. Occlude the PEEP cap on the patient T-piece with your thumb.
3. Look at the manometer & check that the pressure gauge points to 50 cm H₂O. (B) If it does, then the maximum pressure is set correctly. If it is not 50 cm H₂O, you will need to adjust it. (See following slide)

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Adjusting the maximum pressure

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Once the inspiratory pressure control dial is **fully** open:

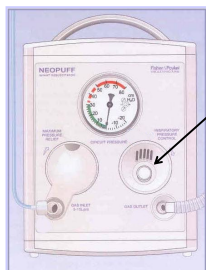
1. Occlude the PEEP cap on the patient T-piece with your thumb.
2. Open the cap covering the maximum pressure relief dial.
3. Turn the maximum pressure relief dial clockwise or anti-clockwise to adjust the maximum pressure to 50 cm H₂O.
4. Close the maximum pressure relief cap.

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4. Set the peak inspiratory pressure (PIP)

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1. Occlude the PEEP cap on the end of the patient T-piece with your thumb.
2. Turn the inspiratory pressure control dial anti-clockwise (several times) to decrease the pressure from 50 cmH₂O down to the recommended PIP: 20 – 25 cm H₂O for a premature infant or 30 cm H₂O for a term infant.
3. The set PIP is displayed on the manometer when the PEEP cap on the patient T-piece is occluded.

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5. Set the positive end expiratory pressure (PEEP)

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- Set the PEEP by turning the cap on the patient T-piece clockwise or anti-clockwise until a PEEP of 5 cm H₂O is displayed on the manometer.
- Caution:** If the PEEP has been set on a flow rate of 8 L/min, any increase in the flow rate will result in a dangerously high increase in PEEP. (Morley, Schmoelzer & Davis, 2009)
- If you increased the flow rate to 10 L/min, then re-set and re-check the PEEP.



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6. Create a good seal between the infant's face & the mask

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- Remove the test lung & attach a face mask to the patient T-piece.
- Position the infant's head in a neutral position.
- Place the third finger onto the chin tip (the "guide finger").
- Line up the outer edge of the mask into the groove between the guide finger and the chin tip.
- Roll the mask onto the face from the chin upwards.

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Holding the mask in place using the "two-point top hold"

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- Apply evenly balanced downward pressure onto the mask using the thumb and index finger positioned toward the outer edge of the flat area of the mask ("two-point top hold").
- Apply jaw lift with the remaining fingers so that the upward pressure works against the downward pressure from the two-point top hold to create a good seal.



Wood, et al. (2008).
Archives of Disease in Childhood, Fetal & Neonatal Edition 93: p. F231

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Checking the face mask seal: "listen & look" technique

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- Leaks averaging 40 – 70% are common due to poor mask placement technique. Therefore:
 - Listen** for a soft whistle of gas through the PEEP cap
 - Look** that a PEEP of 5 cm H₂O is displayed on the manometer
- Be aware that a PIP of 30 cm H₂O may be reached on the manometer **despite a face mask leak of up to 90%**. (Wood, et al., 2008)

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Delivering positive pressure inflations with the Neopuff™

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- Occlude the PEEP cap using your thumb or finger for 0.5 seconds, then release for 0.5 seconds.
- This will provide a ventilation rate of 60 inflations per minute.
- Continue to check your mask seal by checking that the PEEP/CPAP returns to 5 cm H₂O on the manometer after each manual inflation.



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Air or oxygen for resuscitation?

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- Term newborns: Use air (21%) initially.
- Preterm newborns < 32 weeks: Use air or blended air and oxygen (21% to ~ 30% oxygen to start).
- Use air if a blender is not available.
- Supplemental oxygen should be used judiciously, ideally guided by pulse oximetry.

"The first priority is to ensure adequate inflation of the lungs, followed by increasing the concentration of inspired oxygen only if needed." (ANZCOR, 2021, Guideline 13.4, p. 4)

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Target saturations for newborns during the first minutes after birth

Time after birth in minutes	Targeted pre-ductal SpO ₂ after birth during resuscitation with supplemental oxygen
1 minute	60 – 70%
2 minutes	65 – 85%
3 minutes	70 – 90%
4 minutes	75 – 90%
5 minutes	80 – 90%
10 minutes	85 – 90%

ANZCOR, 2021, Guideline 13.4, p.11

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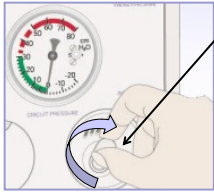
Initial inflations

- Higher inflation pressures (PIP > 30 cm H₂O) may be needed for the initial inflations.
- Subsequent inflations usually require less pressure, although some babies may need higher PIPs.
- Improvement in heart rate** is the primary measure of adequate ventilation.
- If the heart rate is not improving with good technique, then higher PIP may be required.

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Adjusting the PIP whilst using the Neopuff



- Higher pressure inflations can be given by increasing the inspiratory pressure control to deliver higher PIP.
- This requires a second person to achieve this efficiently during a resuscitation.

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Common problems & solutions

Unable to achieve the desired PIP & PEEP when checking the Neopuff™ with the test lung

Check that the gas flow rate is set to 8 – 10 L/min and that there is gas flow through the Neopuff™ circuit

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Still unable to achieve the desired PIP & PEEP when checking the Neopuff™ with the test lung

Check the maximum pressure relief is set correctly at 50 cm H₂O and adjust if necessary

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Common problems & solutions

Unable to achieve the set PIP when ventilating the infant

Check the face mask seal using the "look and listen technique"

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Still unable to achieve the set PIP

Reposition the infant's head and apply the face mask again

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Still unable to achieve the set PIP

Consider intubation or SGA/LM if mask ventilation is unsuccessful

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Most importantly: look at the infant, not at the manometer!

- Effective ventilation is confirmed by three signs:
 1. An increase in the heart rate above 100/minute.
 2. A slight rise of the chest and upper abdomen with each inflation.
 3. An improvement in oxygenation.
- Achieving the set PIP on the manometer is **not** a sign of effective ventilation.

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Remember!

- If the heart rate remains < 100 bpm and/or the chest is not moving despite ventilating with good technique: **TURN UP THE PEAK PRESSURE (PIP)**, i.e. 30 → 35 → 40 → 45 cm H₂O
- Continue to provide positive pressure ventilation until the heart rate is above 100 bpm and the infant has established effective spontaneous respirations.
- Endotracheal intubation should be considered if ventilation via a face mask is unsuccessful.

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References

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