

Advanced Resuscitation Program Outline 09:00 to 16:30 (6.2 contact hours)

Allocated time	Training Component	Training Format
15 minutes	Welcome and introduction	
10 minutes	Demonstration of a simulated newborn resuscitation	Simulated scenario by all facilitators
20 minutes	Discussion, debrief and analysis of the resuscitation scenario	Group discussion
30 minutes	Principles of newborn resuscitation	Lecture
10 minutes	Demonstration of correct mask placement	DVD
20 minutes	Morning tea break	
35 minutes	First Response: Equipment & skills	Demonstration by group facilitator
45 minutes	First Response: Practice session <ul style="list-style-type: none"> ▪ Manual ventilation devices ▪ Providing IPPV ▪ Coordinating ECC with IPPV Scenario 1: Peripartum hypoxia Scenario 2: Meconium stained liquor	Practice session in small groups with facilitator
10 minutes	Intubating the neonate	DVD
30 minutes	Advanced Resuscitation: Equipment and skills	Demonstration by the group facilitator
30 minutes	Lunch break	
30 minutes	Advanced Resuscitation: Practice session <ul style="list-style-type: none"> ▪ Endotracheal intubation ▪ Umbilical venous catheterization ▪ Administration of medications 	Practice session in small groups with facilitator
10 minutes	Introduction to the 10 key behavioral skills	Discussion
40 minutes	Resuscitation scenarios continued <ul style="list-style-type: none"> ▪ Scenario 1: Peripartum hypoxia ▪ Scenario 2: Meconium stained liquor 	Practical session in small groups with facilitator
50 minutes	Resuscitation scenarios: <ul style="list-style-type: none"> ▪ Scenario 3: The preterm infant ▪ Scenario 4: Antepartum haemorrhage 	Scenario based training with all participants
10 minutes	Resuscitation training day summary: <ul style="list-style-type: none"> ▪ Questions and comments ▪ Evaluation & feedback 	Discussion with all participants & facilitators
	Participants depart	